



Seniors Fair

Tuesday October 21
8:30 am - 11:00 am

!!!FREE!!!

- *Spinal Screenings
 - *Foot Scanning
 - *Mobility Devices
 - *Blood Pressure
 - *Height
 - *Weight
- *Prescription Information
- *Blood Sugar Testing
 - *Holiday Recipes
- *Healthy Food Information
- *Pet Care and Adoption Information
- *Hearing Care Specialists
- *Home Energy Savings Ideas
 - *Life Line Information
- *Insurance Information
- *Nutritional Supplements
 - *Exercise Ideas
- *Massage Therapy
 - *Senior Safety

Event will be located at Montrose Family Chiropractic
145 Nelson Blvd. Suite 1000
Montrose, MN 55363
763-675-3121